



CHILDREN'S SUPPORT CENTRE EMUREMBE

FULL-YEAR REPORT 2010



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From January to the end of December 2010, 4'078 children were treated as out-patients and 164 children were admitted for rehabilitation from malnutrition and/or jiggers. While 158 children were tested for HIV/AIDS, only one tested positive.

The attached summary report (Appendix A) gives the statistics of the number of children seen.

School Health Days

In 2010, ten primary schools were visited for our school health programme in Emuhaya district and two schools outside the district at the request of those schools. Over 80% of the children seen at schools were treated for ringworm. The following schools took part in the programme:

From East Bunyore: - Emusenjeli Primary, Elukhambi Primary, Itabalia Primary, Esiembero Primary
From North East Bunyore:- Ikumu Primary, Emurembe Primary, Kilingili Primary, Emusutswi Primary
From Maragoli:- Magui Primary
From Kakamega District:- Hamuyundi Primary

Home visits and follow-up for vulnerable children

Follow-up visits are a very important part of the Centre's activities. All children who have been admitted for malnutrition receive follow-up visits at home after their discharge. The children also come for regular weighing and check-ups at planned intervals so that their progress continues to be monitored. From the second half of the year, the Centre has given blankets as well as regular packets of high-protein porridge flour to families whose children have been in-patients.

Community involvement and activities

In November, students from International Village School attended a health lecture on nutrition, hygiene as well as HIV. Seventy of the teenagers volunteered to have the HIV test, all tested negative.

The Centre has also set up a support group for parents who have HIV/AIDS with assistance from a trained AIDS counsellor from Maseno Hospital.

In December, Solar Cookers International held a demonstration of solar cooking for the community at the Children's Centre which was attended by about 50 people. The Children's Centre donated 6 solar cooking kits to community members, which will save firewood and reduce household smoke.

Cooperation with government departments

The Children's Support Centre is a partner in the district's Area Advisory Council for children and attends meetings of this group, which operates under the mandate of Kenya's Children's Act ensuring the rights of children countrywide. The Children's Department donated two bags of maize and two blankets to the Centre which were distributed to destitute families. The department of Public Health donated 6 bottles of insecticide for spraying houses to eliminate jiggers. The Ministry of Health (MOH) supplies the Centre with HIV testing kits. In addition, the Centre gives monthly reports to the district Ministry of Health. From the third quarter 2010, all children under five who visit the Centre were weighed and statistics were supplied to the MOH on the number of underweight or stunted children in the area.

Treatments

Weight is not the only indication of malnutrition; the Centre also saw a number of children with kwashiorkor – typically the children are swollen and their weight is not low but they have severe protein deficiency. Anaemia is also very common and life threatening and the Centre has had good success in treating children with anaemia as well as those with kwashiorkor. In the second half of the year, children under 5 were also given Vitamin A supplements at the Centre. The Centre also assisted children with AIDS to become stronger and counselled their guardians on how to give their medicines correctly and improve nutrition.

Visitors

The Centre had a team of four doctors who visited and assisted at the Centre in February. In June, six nursing students from Chico University in California visited with their nursing professor. Other visitors from Spain, a

Swiss medical student, two nurses from Oklahoma and others have all contributed valuable time as well as medicines, clothes, books and toys to the Centre.

APPENDIX A
Statistics

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	TOTAL
<u>Outpatients</u>													
Ringworm	79	775	49	93	102	461	431	53	56	410	292	34	2'835
Jiggers	8	48	23	18	2	5	24	12	16	29	15	8	208
Malnutrition	12	11	4	9	13	19	13	9	8	7	9	4	118
Scabies	9	4	2	6	9	28	9	4	7	14	5	2	99
Fungal infections	4	22	5	9	9	20	12	3	3	67	11	15	180
Wounds	4	0	0	2	0	4	1	6	3	6	10	4	40
Eye problems	2	1	2	0	1	3	13	2	2	0	4	4	34
Ear problems	3	2	3	0	1	1	2	1	3	0	2	2	20
Referred to Hospital	10	8	3	1	9	11	8	6	6	4	4	1	71
Vulnerable	3	2	5	2	0	4	3	2	1	3	5	5	35
Septic sores	18	25	12	26	30	35	38	24	26	32	35	7	308
Children dewormed	131	896	92	149	150	558	538	149	100	595	448	42	3848
Children receiving Vit A								35	37	53	35	17	177
<u>Total no. of children treated</u>	144	896	92	149	177	564	584	154	118	676	448	76	4078
<u>In-patients</u>													
Malnutrition	11	6	5	6	9	12	7	9	8	1	9	4	87
Boys	8	5	2	3	7	7	5	5	2	0	6	3	53
Girls	3	1	3	3	2	5	2	4	6	1	3	1	34
Jiggers	4	14	21	16	0	3	6	5	15	9	3	5	101
Boys	3	6	9	11	0	3	4	4	7	5	3	3	58
Girls	1	8	12	5	0	0	2	1	8	4	0	2	43
<u>Total</u>	13	20	23	21	9	13	9	14	21	9	13	9	174
<u>HIV/ AIDS</u>													
N°test	12	19	20	16	0	0	0	10	0	2	72	7	158
N°positive results	0	0	0	0	0	0	0	0	0	0	1	0	1

*NOTE: Totals are not the sum of each column as many children have multiple problems
HIV testing had a gap in the middle of the year as the Ministry of Health had a shortage of testing kits*

APPENDIX B.
Some 2010 photos of the Children's Centre



Cynthia was admitted at the end of July 2010. She was underweight and had a protein deficiency resulting in oedema of both lower legs. She also had mouth sores, scabies, a poor appetite and was extremely irritable. After 9 weeks, she was fully recovered.



*Tom was admitted in June. At 18 months old, he weighed just 5kg
(top picture shows his condition on removal from his home, with massive oedema due to severe anaemia)*



Tom after 12 weeks at the Centre



Snack time for the baby corner



In-patient enjoying toys donated from Spain, assisted by house mother



Visiting immunologist from Spain discusses how the HIV test works with nurse on duty



The daily weighing of children being treated for malnutrition



School health day at Emusutswi Primary



Boys lining up to see the nurse at school



Spraying a jiggers infested house



Feet of a child recovering from jiggers



With toys, motivated staff and visitors – Children's Centre kids have a lot of fun!

